



# STOP SOLDIER SUICIDE

EMPOWERING THE MILITARY COMMUNITY FOR LIFE.

**22 VETERANS  
& ACTIVE DUTY  
SERVICE MEMBERS  
TAKE THEIR LIVES  
EVERY DAY.**

**THAT'S ONE SUICIDE  
EVERY 65 MINUTES.**

**MORE THAN 500,000  
VETERANS HAVE  
BEEN DIAGNOSED  
WITH PTSD.**

**THOUSANDS MORE  
STRUGGLE WITH  
PHYSICAL AND  
MENTAL HEALTH  
ISSUES.**

**ONE IS TOO MANY.**

**BE PART OF THE  
SOLUTION. HELP US  
STOP SOLDIER  
SUICIDE.**

## FINANCIALS

Stop Soldier Suicide is a 501(c)3 nonprofit. We operate solely on donations and are 100% committed to transparency and limiting overhead and administrative expenses.

## CONTACT US

844-889-5610 (Toll-Free)  
fb.com/stopsoldiersuicide  
stopsoldiersuicide.org

## WHO WE ARE

Stop Soldier Suicide was founded by three U.S. Army veterans in 2010 amid the worst suicide crisis our military has ever seen. We are the nation's first veteran-founded-and-led 501(c)3 nonprofit dedicated to preventing military suicide.

## WHAT WE DO

Stop Soldier Suicide empowers the military community by providing free resources and support through an established, trusted network of organizations that meet the complex needs of the military and are capable of anticipating and mitigating suicide risk factors, promoting resiliency, inspiring hope, and encouraging personal growth and healing.

## WHO WE SERVE

Stop Soldier Suicide proudly serves all past and present military and their families.

## HOW WE HELP

- Personal, 1-on-1 connections with a case manager
- Regular check-ins to track each client's progress for 24 months
- Free resources and support tailored to the client's specific needs
  - Mental health resources
  - PTSD and/or TBI referrals
  - Emergency financial aid
  - Housing assistance
  - Yoga, meditation, and other alternative therapies
- ...And many more.

## HOW YOU CAN GET INVOLVED

- Donate to Stop Soldier Suicide.
- Ask your employer to match your gift.
- Make an in-kind donation (goods/services).
- Become a corporate partner.
- Sponsor a case manager.
- Shop promotions that give back, such as Amazon Smile.
- Refer a client.
- Host an event.
- Create a Facebook fundraiser.
- Volunteer at Stop Soldier Suicide events in your area.